

WELCOME TO GOLDEN GIRLS VARSITY DANCE TEAM!

When a young lady becomes a member of the Conroe Golden Girls, her entire family becomes involved as supporters, spectators, and helpers. Being a Golden Girl makes many demands upon the family involved in terms of time, money, and emotional involvement, but you will find it a rewarding and enriching experience for all of you.

Time

Family schedules will sometimes have to be adjusted to accommodate the Golden Girl's commitments to the organization. This is a team activity, so each girl must be present for rehearsal or a performance, etc. (i.e., to begin our work - if one girl is late, the rest of the team is often left waiting). Parents are asked to give their time to work at activities such as the Fall Arts and Crafts Show, working the Woodlands Pavilion Booth and to help with the building of props or sewing of costumes, to cook for social events, and perhaps most importantly to attend as many of your daughter's performances as possible.

Money

Every effort is made to keep expenses reasonable, but there are considerable costs associated with Golden Girls. In an effort to ease the financial burden, the Golden Girls Booster Club and parents participate in fund raising to help defray over \$25,000+ in team expenses. Each girl and her family must support these events by giving of their time and talents, and encouraging friends to participate because each team member benefits directly from the raised funds.

Emotional Involvement

Each girl will have her triumphs and disappointments as a Golden Girl, and the love and support of her family will be important to her. Celebrate her triumphs - she has worked hard to earn them. Console her during her disappointments, but remember that learning to deal with frustration and pressures are part of her maturation process. Your positive attitude will influence your daughter's reactions to her experiences. You and your daughter should always address your concerns and suggestions to the director. Many problems rise from simple misunderstandings, and there are always improvements to be made, so communication is the only way to effect a solution.

As all of you are part of the Golden Girls family, Golden Girls is also a member of your family. Cherish it and protect it - your words and actions should reflect our family's positive image. We are a large family and we must respect each person's individuality while recognizing that we must always consider what is best for the whole. What might not be a problem for one person could be a nightmare if everyone did it, so we must be willing to "give and take" for the sake of the team. By working together, we will have a wonderful Golden Girl family.

Never one thing and seldom one person can make for success. It takes a number of them merging into one perfect whole. - Marie Dressler

Please enjoy this handbook. It is designed to be used as a guideline to make us all the best we can be. Good judgment and common sense will be used when events are not covered in the constitution. In all sincerity, it is hoped that your experience in the Golden Girls organization will be rewarding, and long lasting, and that qualities are developed that will be of benefit for an entire lifetime.

PURPOSE OF GOLDEN GIRLS

A Golden Girl shall provide a spirit-promoting service, be loyal, have high morals and standards, be a good example in and out of school, and develop self-discipline and confidence. She shall also have poise, good posture, and present a good appearance. Being a Golden Girl is an honor. In order to be as “good” as our tradition and history warrants, hard work and discipline are basic components of the program. A Golden Girl’s commitment is to both academics and the Golden Girl Organization. If you are not ready to accept this challenge, then Golden Girls may not be for you.

GOLDEN GIRLS: A TRADITION OF EXCELLENCE

The history of the Golden Girls is a great one. The Golden Girls Dance/Drill Team was established in 1969 by Mr. J.L. McCullough. The Golden Girls were named after Mr. McCullough’s Alma Mater, the LSU Tigers and Golden Girls Dance Team. Under the direction of Ms. Cynthia Gibson, 25 young ladies became the original Golden Girls that year. The team has continued their tradition of excellence through performance, competitions, community service, and the support of other CHS activities. Over the years, numerous young ladies have been a part of the Golden Girls organization. Today, many second generation Golden Girls make up the team. The Golden Girls have also been under the direction of the following: Dotye Stanford Barnes (1970-1976), Cynthia Head Thompson (1976-1980), Diane Watson Cain (1980-1984), Debbie Melton (1984-1985), Betty Buchner (1985-1991), Danielle Brasher Rapp (1991-1998), Fayla Chambers Curry (1998-2005), and Ms. Amanda Kincaid (2005-).

The Golden Girls recently celebrated their 35th Anniversary in 2004-2005. The team is recognized nationally for its performance and dance technique. The Golden Girls strive each year to earn their proud status through teamwork, performance ability, and member dedication.

Notable Team Accomplishments:

1985-86 Rose Bowl Parade

Purpose of the Organization:

- To promote appropriate and good spirit
- To build better relationships between schools during athletic and other school events
- To develop good sportsmanship, self-confidence, and self-discipline.
- To promote leadership.
- To encourage high morals and standards among its members.
- To develop the ability to work as a part of a group in achieving common goals; TEAMWORK.
- To represent the school and community in an exemplary manner, service as a role model for appropriate behavior and citizenship.
- To develop and maintain a very high standard of precision dance.

School Song:

Stand for the Gold and White
Our colors raise
Our Alma Mater’s might
Leads on always
We pledge now joyfully
As years go by
Honor and loyalty
To Con-roe High

School Colors:

Gold and White

School Mascot:

Tiger

Organization Flower:

Yellow Rose

TO BE A GOLDEN GIRL

Being a Golden Girl provides for many girls, and is often the first, opportunity to share a common bond and a close relationship with others. Learning what it means to work very closely with other girls and sharing in accomplishments and frustrations are all part of the sisterhood of Golden Girls. To be chosen as a Golden Girl is an **HONOR!** To remain an active Golden Girl, a girl must maintain a passing grade average in each of her courses, maintain a certain level of dance ability, keep in good and attractive physical shape, and uphold all guidelines established for the Golden Girls organization.

Being a Golden Girl means being a member of a team; a team that works together, dances together, and is **TOGETHER!** Leadership of a team is important and members often have the opportunity to cultivate and demonstrate leadership abilities.

The Golden Girls organization is a proud group. Not only do they provide service to their school with the support of the faculty, administration, and other groups on campus, but they also provide a service to the community. Golden Girls are ready to help when needed. The Golden Girls organization provides a real opportunity for a young lady to exert initiative, leadership, and creativity. Performing before an audience helps each young lady develop self-assurance and poise. The opportunities to grow, learn, and lead that are received through the Golden Girls organization can ease the transition from adolescence into adulthood.

Pride and dedication to the Conroe High School Golden Girls is required of all girls who make the team. Participation in this organization is the highlight of the high school years for many girls. There will be many good times, some glory and recognition, but a member must conform and make sacrifices. It is important that each team member understands that membership is a privilege, and not a right.

Being selected as a Golden Girl is an outstanding achievement, but it is a commitment that must be taken seriously. A young lady must have the support and the understanding of her parent/guardian(s) and the decision to audition should be thoroughly discussed and the responsibilities realized from the beginning. There are many long hours required of Golden Girls, both before and after school, some evenings and weekends.

Parent commitment involves the parent being involved in the Golden Girls organization, serving on committees, helping with props, etc. One of the strongest assets to the Golden Girls organization is **PARENT INVOLVEMENT!**

The Foundation of Excellence-

Tentative efforts lead to tentative outcomes. Therefore, give yourself fully to your endeavors.

Decide to construct your character through excellent actions and determine to pay the price of a worthy goal.

The trials you encounter will introduce you to your strengths.

Remain steadfast...and one day you will build something that endures; something worthy of you potential.

Epictetus

Roman teacher, Philosopher

55-135 A.D.