

Conroe High School  
Golden Girls  
Tryout Packet  
2019-2020



*Ms. Macy Lopez Director*  
[maclopez@conroeisd.net](mailto:maclopez@conroeisd.net)

*Ms. Victoria Woods Director*  
[vwoods@conroeisd.net](mailto:vwoods@conroeisd.net)

Dear Golden Girl Hopeful Parents,

We are pleased that your dancer is interested in auditioning for the CHS Golden Girls Drill Team. It is an organization that is deeply rooted in tradition and excellence. It affords the opportunity for self-development in many areas: goal setting, high standards and morals, maturity, responsibility, dependability, and self-discipline. As a parent of a prospective Golden Girl, it is important that you realize the commitment and dedication required for all dancers once they make the team. Membership requires a sincere commitment from the family as well. Once your dancer is a member, you will be asked to join the Booster Club. The Booster Club performs many of our fundraisers. ***Parent support is essential to the success of this organization. Much will be expected of both you and your dancer.***

Drill team tryouts can be a very stressful time for some dancers. For those who are extremely concerned about the outcome of the audition results, the pressure can be tremendous. We understand this and will do everything necessary to prepare your dancer for the actual audition process, and we hope that you will do the same at home.

We encourage you to take the time with your dancer to read over all the following information. Please discuss the advantages and disadvantages of auditioning. Be sure your dancer is emotionally prepared for the outcome of auditions, whatever it may be.

In order for you and your dancer to better understand the audition procedure, we have prepared the following information packet for you. Please note important dates and forms that need to be filled out and returned **on time**. Also, please note that **TRYOUTS WILL BE CLOSED TO OBSERVERS AND THERE WILL BE NO VIDEO CAMERAS ALLOWED IN THE TRYOUT ROOM**. Parents are to wait outside of the building when picking up their dancer after rehearsals and tryouts.

We wish you and your Golden Girl Hopeful the best of luck! If you have any questions, Please feel free to contact us at [maclopez@conroeisd.net](mailto:maclopez@conroeisd.net) and [vwoods@conroeisd.net](mailto:vwoods@conroeisd.net).

Sincerely,

**Macy Lopez and Victoria Woods**

Ms. Lopez and Ms. Woods  
Golden Girls Directors

## Skills in Tryout Dance

1. **Right and Left Split**
2. **Double Turn**
3. **Stationary/ Standing Leap**
4. **Right Split Leap**
5. **Tilt**
6. **Chaine**
7. **Weight Shifts**
8. **High Kick Technique**
9. **Performance Showmanship**

## What to Wear: Hopeful Workshop & Tryout Day

1. **All Black Fitted Top & Pants (Leggings or Jazz Pants)**
2. **Jazz Shoes**
3. **Hair: Low Pony**
4. **No jewelry**

## Hopeful Workshop April 1-4

1. **Hopefuls will NOT be shuttled over to CHS Main from their Jr. Highs.**
2. **Workshop is @ CHS Main Campus Pit Gym (4:30pm- 6:30pm)**
3. **Learn Tryout Group Dance April 5<sup>th</sup>**
4. **Learn High Kick Combination**

## Tryout Day

1. **Check in will be in the CHS Main Campus Dance Room@ 4:30pm**
2. **Perform for Judges Right and Left Split and Group Dance**

# Golden Girl Expectations

## **The Following are Mandatory Golden Girl Events**

- Summer Camp & Summer Team Practices
- 6:30am Morning Practice Year-round
- Thursday After School Band Rehearsals
- Friday Football Games
- Dance Competitions
- Kids Clinics/ Workshops
- After School Technique Sessions
- Choreographer Sessions
- Saturday Practices
- Saturday Community Parades
- Spring Show Rehearsals
- Spring Show

# Important Tentative Dates

**March 27, 2019**

**Mandatory Hopeful Meeting @ 6:30pm in Cafeteria**

Tryout Packet, Eligibility Form, Medical Release Form Due

**April 1-5, 2019**

**Mandatory Hopeful Tryout Workshop @4:30pm-6:30pm in CHS Gym**

*(These workshop days are MANDATORY! Failure to attend one day will result in not being eligible to tryout.)*

**April 5, 2019**

**Hopeful Tryouts in CHS Gym @ 5:00pm**

(Results will be posted @ 9:00pm on Exterior Athletic Doors)

**April 9, 2019**

Booster Club Meeting @ 6:30pm Cafeteria

**April 11, 2019**

New Company D Practice @ 4:30pm-5:30pm

**April 17, 2019**

Cookie Dough Fundraiser/ Vendor Night Meeting (For new team 2019-2020) @6:30pm Cafeteria

**April 18, 2019**

New Company D Practice @ 4:30pm-5:30pm

**April 25, 2019**

New Company D Practice @ 4:30pm-5:30pm

**May 3, 2019**

Golden Girl Spring Show Dress Rehearsal 3:00pm-5:00pm

**(New Company D Dress Rehearsal @ 5:00pm CHS Auditorium)**

**May 4, 2019**

Golden Girls Spring Show @7:00pm

**May 5, 2019**

Alumni Brunch

**May 14, 2019**

Booster Club Meeting @ 6:30pm Cafeteria

**May 16, 2019**

2019-2020 New Team Meeting (Ice Cream Social) @6:30pm Cafeteria

**July 15-19, 2019**

Golden Girls Summer Pre- Team Camp

**July 22-31, 2019**

Golden Girls Crowd Pleasers Team Camp

(CP 22-24)

(Team Camp 25-31)

# GOLDEN GIRLS TRYOUT APPLICATION FORM

**This Form is DUE by March 27<sup>th</sup>**

**(PLEASE PRINT ALL INFORMATION)**

Name \_\_\_\_\_ Student I.D.# \_\_\_\_\_  
Last First Middle

Date of Birth \_\_\_\_\_

Preference Name or Nickname \_\_\_\_\_

Applicant's Grade Level for the NEXT YEAR Circle One. 9 10 11 12

Parent/Guardian's Name \_\_\_\_\_

Cellphone # \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Cellphone # \_\_\_\_\_ Email \_\_\_\_\_

Home Phone # \_\_\_\_\_

Primary Home Address \_\_\_\_\_

\_\_\_\_\_  
City Zip Code

Student's Email Address \_\_\_\_\_

Please list additional contact(s) in case of emergency:

\_\_\_\_\_  
Name Phone # Relationship

\_\_\_\_\_  
Name Phone # Relationship

# GOLDEN GIRLS TRYOUT ELIGIBILITY FORM

**This Form is DUE by March 27<sup>th</sup>**

APPLICANT'S NAME: \_\_\_\_\_ STUDENT I.D.#: \_\_\_\_\_

Applicant's Grade Level for the NEXT YEAR Circle One. 9 10 11 12

**NOTE:** You must meet the following guidelines to pass the academic portion of the membership requirements:

- A. A CANDIDATE MUST HAVE A MINIMUM **grade point average of 70.**
- B. Prospective members **shall be entering grades ninth (9) through twelve (12).**
- C. Prospective members **shall display good conduct in accordance with citizenship grades.**
- D. A candidate must not have been academically ineligible for more than two grading periods during the application year.
- E. A candidate who was academically ineligible for the 2<sup>nd</sup> nine weeks (i.e., received a 69 or below in any class for the 2<sup>nd</sup> nine weeks), must submit along with this eligibility form copies of their 3-weeks progress reports for each class in order to determine eligibility. The student must be passing all classes with a 70 or above at the time of the 3-weeks grade report in order to retain eligibility to practice. Failure to present 3 weeks progress report for each class will result in the candidate's inability to participate in before or after school practices. (This is in accordance with Texas' "No Pass/No Play" Rule that is currently in effect. HB 72)
- F. A candidate who is academically ineligible for extra-curricular participation during the grading period in which auditions occur and has not failed three or more classes during the current school year, may audition to become a Golden Girl but may not attend before or after school rehearsal. In the event that the candidate is selected to become a Golden Girl, they will be placed on an academic probationary status. If they do not regain their eligibility during the next grading period, they will forfeit their membership and another candidate may be selected to take her position.
- G. **IF YOU HAVE RECEIVED ANY INCOMPLETE (I) GRADES, ALL GRADE CHANGES MUST BE COMPLETE AND POSTED IN ORDER TO BE CONSIDERED ELIGIBLE TO PARTICIPATE IN PRACTICES.**  
*An incomplete grade is not considered to be a passing grade.*

I understand that in order to be considered as a candidate for the Golden Girls Drill Team, I must first meet the minimum academic requirements as listed above. If it is found that my grade report and/or grade point average do not meet these minimum academic requirements, I will not be eligible to audition for the 2018-2019 Golden Girls Drill Team. I also understand that the decision of the audition judges is final and will agree to adhere to the policies of the team the day I become a member.

\_\_\_\_\_  
Candidate's Signature

\_\_\_\_\_  
Parent/Guardian's Signature

**Conroe Independent School District  
Conroe High School**

**Permission Slip and Medical Release Form For Golden Girl Tryouts**

I, \_\_\_\_\_, a student at \_\_\_\_\_, is now under my control and in my custody. I hereby give my consent for the above named student to participate in the Drill Team camp activities without a physical examination. I recognize that Conroe Independent School District, its trustees, agents, and employees have sovereign or governmental immunity under Texas law. I understand that the District, its trustees, agents, and employees are not waiving any sovereign or governmental immunity that it or they have under Texas or other applicable law.

I, \_\_\_\_\_, the parent/guardian of \_\_\_\_\_ authorize the sponsor to give permission for any emergency medical services deemed necessary for my child. I understand that any medical expenses incurred will be my responsibility.

The following pre-existing medical conditions or allergic reactions to medication are provided for your information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The following other pertinent information is also provided for your information:

Medical Insurance Yes \_\_\_ No \_\_\_ Company \_\_\_\_\_

Physician's Name \_\_\_\_\_ Telephone \_\_\_\_\_

Parent/ guardian telephone \_\_\_\_\_ Student's DOB \_\_\_\_\_

Parent/ guardian address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone Number \_\_\_\_\_

I, parent/guardian, have read this Release and Permission Form and understand all of its terms. I have executed it voluntarily and with full knowledge of its significance. This Release and Permission Form is executed on my behalf and behalf of my child/ward, \_\_\_\_\_. This Release and Permission Form is effective while my child is participating in Drill Team Tryout Activities.

SIGNED this \_\_\_ day of \_\_\_\_\_, 2018

\_\_\_\_\_ (parent/guardian) Signature